
ROCA

restaurant & bar

Blue Plate Special

Tuesday

Meatloaf with Black Pepper Barbeque Sauce 8.95

Thursday

Red Beans and Rice with Andouille Sausage 8.95

Wednesday

Lasagna with Italian Sausage and Fresh Marinara 8.95

Friday

Braised Angus Beef with Red Wine Gravy 8.95

Served With Your Choice Of Two Home-Style Vegetables And Iced Tea:

Collard Greens, Blackeyed Peas, Baked Mac & Cheese,
Buttermilk Mashed Potatoes, Bacon Smothered Green Beans, Creamed Corn

Lunch Entrees

Blackened Catfish

With Remoulade
over Cajun Dirty Rice 11.95

Buttermilk Fried Chicken

Served with Roca Mashed Potatoes and
Maple Chili Glaze 9.95

Roca Sirloin Cheeseburger

Mixed Greens, Roma Tomatoes, Onions, Pickles
and Barbeque Spiced French Fries 7.95

Salads

Mixed Field Greens

Tossed in Choice of Dressing, Roma Tomatoes,
Red Onions, Monterey Jack Cheese
& Herb Croutons 9.95

Grilled Chicken Cobb

Field Greens with Roasted Red Peppers,
Fresh Mozzarella, Roma Tomatoes, Toasted Pecans
& Apple Wood Smoked Bacon 10.95

Grilled Chicken Caesar

Crisp Romaine, Shaved Parmesan Cheese,
Black Pepper Buttermilk Dressing
with Parmesan Crisps 9.25

***Seared Sushi Grade Tuna**

Mixed Field Greens Tossed in our Ginger Soy
Vinaigrette, Cucumbers, Tomatoes,
Sesame Seeds & Crispy Wontons 11.95

Spinach

Blue Cheese, Granny Smith Apples, Onions,
Caramelized Pecans and Warm Sugarcane
Bacon Vinaigrette 8.25

Choice Of Dressings:

Sugarcane Bacon Vinaigrette, Black Pepper Buttermilk,
Balsamic Vinaigrette, Spicy Blue Cheese,
Ginger Soy Vinaigrette

Add To Any Of The Above:

Grilled Chicken 3.95, Roasted Shrimp 4.95, Blue Cheese 2.95, Seared Sushi Grade Tuna 6.95

Signature Sandwiches

Choice of soup or mixed greens
tossed with house vinaigrette.

Pesto Shrimp BLT

Pesto Shrimp Salad, Applewood Bacon,
Romaine Lettuce, & Roma Tomatoes
on Rosemary Focaccia (served cool) 8.49

Grilled Chicken Melt

Chicken Breast, Plum Tomatoes, Spinach & Fontina,
Bacon with Basil Pesto Mayonnaise on
Grilled Flatbread 7.95

Angus Steak

Seared Steak & Bleu Cheese with Caramelized Onions,
Mixed Greens and Horseradish Mayonnaise
on Rosemary Focaccia (served cool) 8.49

Brick Oven Pizza

Seared Steak

Seared Angus Beef and Bleu Cheese with Roasted Red
Peppers and Horseradish Aioli 10.95

Crawfish

Creole Spiced Crawfish with Roasted Garlic Oil,
Fresh Mozzarella and Grilled Onions 10.95

Andouille

Andouille Sausage and Wild Mushrooms with Roasted
Garlic, Fontina and Mozzarella Cheese 9.95

Pepperoni

Pepperoni with House Made Tomato Sauce
and Mozzarella Cheese 9.25

Blackened Chicken

Blackened Chicken, "BLT" Fontina Cheese
and Caesar Dressed Romaine Lettuce 10.25

Primavera

Mozzarella base with a Blend of Roasted, Grilled
and Sautéed Vegetables 10.50

Black Pepper Chicken Pesto

Our homemade Pecan Basil Pesto with Balsamic Onions
and Sundried Tomatoes 10.25

Pasta

Spicy Crawfish

Penne and Louisiana Crawfish Tails with Mushrooms,
Spinach & Prociutto in a Spicy Cream Sauce 8.25

"Scampi"

Angel Hair and Crabmeat in Extra Virgin Olive Oil,
Tomato, Basil and Garlic 8.25

Shrimp Pesto

Penne and Gulf Shrimp, Sun Dried Tomatoes, Artichoke
Hearts, Tossed in a Pecan Pesto Cream Sauce 8.25

Chicken Alfredo

Fettuccine and Grilled Chicken, Fresh Parmesan
Cheese and a Hint of Nutmeg 7.95

Penne Pomodoro

Housemade Tomato Sauce, Basil, Garlic and
Fresh Mozzarella 7.95

Fettucini with Andouille Sausage

Tossed in a Tomato Cream Sauce with
Spinach and Fresh Shaved Parmesan Cheese 8.25